

The image shows a calligraphy practice grid. On the left side, there is a vertical checkerboard pattern of black and white squares. To the right of this pattern is a large grid. The grid consists of horizontal lines and diagonal lines sloping at 15 degrees. The grid is divided into four horizontal sections by shaded bands. Each section contains a series of horizontal lines and diagonal lines. Small 'X' marks are placed at the top of each section on the checkerboard pattern.